



# **RECRUITING VOLUNTEERS**

**FOR THE AWARD WINNING  
EMPOWERED LIVING TEAM (ELT)**



**Who we are** – a team of trained volunteers who provide support to patients in their own home or in the local community

**What we do** - make a real difference to peoples lives by supporting them with their rehab goals. This may involve supervising a rehab exercise programme, providing a hand massage or a listening ear and emotional support

**Who we support** - People with a life-limiting illness who live in Tower Hamlets, Hackney or Newham

**What you can gain by volunteering** – Training by health care professionals, work & life experience, helping someone to improve their level of independence & quality of life

**For more info contact Ameena Rahman on  
0208 525 6064 or [a.rahman@stjh.org.uk](mailto:a.rahman@stjh.org.uk)**

St Joseph's Hospice,  
Mare Street, Hackney,  
London E8 4SA

T: 020 8525 6000  
E: [info@stjh.org.uk](mailto:info@stjh.org.uk)  
[www.stjh.org.uk](http://www.stjh.org.uk)



**St Joseph's  
Hospice**