

# EASTXCHANGE

The Reach Community Hub, 11 Oliphant Street, E14 0GB

Monday	Tuesday	Wednesday	Thursday	Friday
	9:30AM-11:30AM Sewing Class		9:00AM-10:15AM Women's Exercise 10:15AM-11:45AM Coffee Morning 11:00AM-1:00PM Healthy Cook & Eat Session	

Jade—07387 140 309 / Lutfa—07387 140 308

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**EASTXCHANGE**  
COMMUNITY SKILLS SWAP

