

## Living with Hearing Loss course

*For: Tower Hamlets residents who have a hearing loss*

**18<sup>th</sup> April to 30<sup>th</sup> May 2018**  
**(Every Wednesday)**

**Time:** 10am to 12pm

**Venue:** DeafPLUS, Trinity Centre, Key Close, Whitechapel,  
London, E1 4HG



### **What you will learn on the course:**

Lip reading skills

Communication techniques

Managing your hearing loss

Coping strategies

Information about hearing loss and tinnitus

Looking after your hearing aid and much more

**To book your place or if you want more details**

**Please contact:**

Sumita Baines (Health & Wellbeing Officer)

**Email:** Sumita.Baines@deafplus.org

**Telephone:** 020 790 9227 and leave a message.

**Address:** deafPLUS Trinity Centre, Key Close, Whitechapel, E1 4HG