

EVERY FRIDAY

R-URBAN POPLAR

14.00 - 18.00

# POPLAR

# DETOX

## AIR. WASTE. LAND.

**THE FRIDAY WORKSHOPS:** between April and September 2018 R-Urban will be hosting free bi-weekly Friday workshops under the theme of the 'Poplar Detox'.

Through DIY building workshops and informal discussion around a collective meal, each session of Poplar Detox will explore how you can take direct action to improve air quality.

**JOIN US FOR A FREE WORKSHOP 0:**

- meet other local residents and groups
- learn new DIY skills
- help prepare and serve a collective meal

**WHERE**

R-URBAN POPLAR

by the garages in Brion Place  
Poplar, London, UK, E14 0SP

**WHEN**

14.00- 16.00

**PLEASE EMAIL FOR MORE INFORMATION:**

[hester@publicworksgroup.net](mailto:hester@publicworksgroup.net)

The Friday Cooking Sessions are  
FREE & OPEN TO EVERYONE



RURBAN 