

COMMUNITY CYCLING TRAINING

WEDNESDAYS 10AM - 12 noon

Sessions resume 12th June 2019!

MEETING POINT:

Poplar HARCA Employment & Training Office,
167a East India Dock Road E14 0EA

No need to register, just turn up on time.

**LEARN TO CYCLE, IMPROVE YOUR
CONFIDENCE, RIDE ON SAFE ROADS, JOIN
GROUP RIDES!**

Welcoming all adults from complete beginners
to improvers for our FREE classes! All cycling
equipment will be provided.



**bike
works**

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